



Jeffrey Todd Trefethen

November 5, 1962 - July 23, 2024

Jeffrey Todd Trefethen, 61, died on July 23 at Doctors Hospital in Sarasota, Florida, after a brief illness. He was born in Biddeford, Maine, on November 5, 1962, the son of Mary Judith Frey (Law) and Dr. John T. Trefethen.

Todd grew up in Ellsworth, Maine, where he was an athletic boy who played little league baseball, swam competitively for the YMCA, and played soccer in an intramural league and for the high school. Never one to stay in one place for very long, he left Ellsworth his sophomore year to attend Northfield Mt. Hermon School in Massachusetts where he played lacrosse and soccer on the school's varsity teams. His amazing skill on the soccer field was recognized by the All New England Prep School Athletic Council. After graduating high school, he attended the University of Connecticut for one year before leaving for the beaches of southern California. He worked as a painter and as an au pair while attending college in France before moving to Norway where he worked at a pizzeria, learned the language and graduated from the University of Oslo. Returning to the States, he settled in Burlington, Vermont, near his mother, where he earned a degree in nuclear medicine at the University of Vermont, graduating with honors.

In March of 1994, at the age of 31, while out exercising, he was struck by a speeding car which nearly killed him. The accident left him unable to walk, but it didn't stop his drive to move. He left New England for California, northern

this time, living in San Francisco where he worked as a technical writer. He spent a number of years in Vancouver, British Columbia, and then moved to Sarasota, near his father.

Todd was an avid reader who was never without a book. He was outgoing and adventurous and enormously strong in body and spirit. He made friends easily wherever he went and his intelligence, his sense of humor and his quick wit will be sorely missed.

He is survived by his mother and father, his stepfather, Ron Frey, his stepmother, Laurie Trefethen, his sister, Jackie (Dave) Estes, his brother, Charles (Remi) Trefethen, several stepsiblings and many nieces and nephews. He was predeceased by his beloved dog Sadie.

In lieu of flowers, donations could be made to the Humane Society or dog rescue of your choice.

Tribute Wall

PH

“ Hi, I am Princess, Tre's friend from the Philippines. My heart still broken knowing I can't talk to him anymore. He was a very good friend of mine, a very good adviser. He's such an intelligent man, beautiful soul indeed. My deepest condolences to the family.

Princess Garnet Hermosura - July 04, 2025 at 07:50 PM

CM

“ My deepest and most heartfelt condolences to Todd's family. I am greatly saddened by his passing. I met Tre (as I knew him) nine years ago, and since then, we became epistolary friends. He had an expressive way with words, and his readings, insatiable curiosity, and world travels reflected his thirst for adventure, and his determination to face life with strength, straightforwardness and resolve. We always kept in touch and exchanged ideas about art, music, politics, as well as our daily activities. Tre loved a good debate and always offered warmth and tenderness in his greetings and farewells. Although we never met in person, Tre was a very special friend. I will dearly miss him and always remember him with love and admiration. I would like to share a photograph from November 2015 that he sent me of himself with his beloved dog, Sadie. RIP dearest Tre.



Carolina Munoz - October 10, 2024 at 09:26 PM



“ I knew Todd (Tre to me) in grad school at SFSU. He was brilliant and very talented, and he had an infectious smile. Everyone loved him! Tre lived the spirit of life, and this earth will miss his magnetic spirit. He was true to himself and defied the boundaries of physical limitation. Although he seemed a loner, he wasn't - he loved and missed his family. Please know what a great person he was - we will all miss him.

Sherie Ellington - September 10, 2024 at 08:43 PM

RD

“ I'm very sorry to hear of Todd's death from my dad. My condolences to the Trefethen family. I have many distant but fond memories of Todd, his great smile and sense of humor. Despite his challenges, it looks like he lead a full and interesting life. May he rest in peace.

Rick Davis - August 08, 2024 at 04:11 PM

PS

“ I'm so sorry to hear of Todd's death. He was a good friend and an incredibly intelligent man. I will miss him. My deepest condolences to his family.

Patrick Standen - August 08, 2024 at 12:48 PM

SU

“ What a handsome, beautiful soul that would have loved to know during this life.

Suzanne - August 02, 2024 at 08:18 AM

AR

You will be missed and remembered forever. I love you for always.

Arlene - August 04, 2024 at 04:52 PM

AR

My deepest condolences to all his relatives especially to his parents. Nothing is more painful than to bury one's child no matter how old they may be....but he just rested...we will all see him again someday...somewhere.

Arlene - August 04, 2024 at 05:43 PM